

# The Benefits and Limitations of Using Stake Anchors

## *About the Presenters*

**John Everhart** has been an ocean lifeguard for the San Diego City Lifeguard Service since 1984. He has been a member of the River Rescue team for 17 years, the Boating Safety Unit for 15 years, and the Cliff Rescue team for 5 years. He has received national awards for excellence in various rescue disciplines. John has participated in several hundred technical rescues, either on the coastal cliffs of San Diego, or in flooded river areas. He is rated at the instructor level for all types of aquatic rescues, including rescue boat handling and Marine Firefighting.

**Glenn Pinson** has been a Firefighter and Paramedic with the Beverly Hills, CA Fire Department since 1989. He is a member of their Technical Rescue Team and has been teaching Technical Rescue since 1988. Glenn also brings climbing and guiding experience. Glenn serves as PRI's Operations Officer and is also a member of the Technical, Finance and Scholarship Committees.